Trigger Point Injections

Targeted Natural Pain Relief

Trigger points are tight, tender, “knots” within a muscle that can cause pain in the surrounding area or even referred pain elsewhere in the body. Injections help calm irritation, reduce pain, and improve movement.

TRAUMEEL

- Helps reduce inflammation
- Can relieve acute & chronic musculoskeletal pain
- Can help decrease swelling (edema)
- Non-Opioid & Non-Steroidal
- Commonly used for muscle, joint, & soft-tissue pain

SERAPIN

- Derived from the pitcher plant
- Used to help reduce pain
- May help calm pain-related nerve signaling
- Non-Opioid & Non-Steroidal
- Does not affect blood sugar like steroid injections can

TRIGGER POINT INJECTIONS MAY HELP WITH:

- Muscle Knots/ Trigger Points
- Neck & Shoulder Pain
- Back Pain
- Muscle Spasms
- Myofascial Pain
- Pain Following Strains or Injuries

Why Traumeel + Sarapin?

Together, these all natural treatments target pain and inflammation at the trigger point without relying on steroid or opioid medications.

As with any injection, risks may include temporary soreness, redness, irritation, bleeding or infection. Treatment recommendations vary by patient.