



# PLAYER CREED

(U14+)

## TEAM OVERVIEW

Our mission is to help individuals to develop their character as resourceful and responsible members of their community by providing opportunities, through the game of soccer, for their mental, physical, social, and leadership development. Above our league play commitments, we will be entering into tournaments.

By its very nature the REP program is competitive. As a result, we will be stressing individual technical development, team play and conditioning.

## PLAYER RULES AND EXPECTATIONS

1. I understand that criticism of teammates will not be tolerated.
2. I will be ready to start practice on time with my soccer ball, shin pads, appropriate footwear and a positive attitude.
3. I will inform the coaches/manager if I cannot attend a practice and provide significant notification if I cannot attend a game or tournament.
4. I am willing to receive praise and constructive criticism because I know my coaches only want me to succeed/develop and that sometimes as coaches they have to point out my mistakes in order to help me.
5. I will remember that game officials are the final word on the field. I will accept their decisions and show them respect.
6. I understand that EQUAL PLAYING TIME IS NOT GUARANTEED.
7. I know that although selected, I am still expected to attend all training sessions and put forth my best effort. Failing to do so may result in my losing a spot on the team.
8. I understand that my behaviour on and off the field reflects on myself, my family, my team and my club as a whole. Therefore, I will conduct myself in a respectful manner.
9. Good sportsmanship must be practiced at all times. Showboating in front of opposing coaches and parents is NOT acceptable.
10. I will acknowledge all good plays/performances – those of my team and of my opponents.



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## SOCIAL MEDIA

As representatives of Cavan FC, our athletes should remember that they are held to a high standard of behaviour. This includes any activities conducted on social networking sites, including Instagram, TikTok, Snapchat, X, Facebook or any other online site. While MLCFC supports and encourages individual freedom of expression, the Club is concerned for the safety and wellbeing of all of our athletes. All players must remember that they represent their team and club at all times. Through text, photos or images, the use of social media to engage in improper conduct is expressly prohibited by MLCFC.

## ZERO TOLERANCE POLICY

Cavan FC has a zero-tolerance policy which applied to:

- Bullying and harassment
- Under-age drinking
- Drugs, including cannabis
- Weapons

## Breaches of This Creed

In the event that a breach of this creed is brought to the attention of the Board of Directors (BOD) or subset thereof, the BOD shall, as soon as practicable after the incident/s. meet and discuss the breaches. Where necessary, the player/s, parents and where appropriate team/s will be required to attend before members of the BOD to explain their behaviour. The Cavan FC BOD may impose whatever penalties it considers necessary. In all instances, common sense will prevail and all issues such as age of the child/children, parental concern, previous conduct and any other relevant matters will be taken into consideration when assessing the penalty. The primary concerns at all times should be the wellbeing of our player/s along with ensuring that the direction of the club for all players is not jeopardized.



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**PLEASE SIGN ACKNOWLEDGING THAT THE CREED HAS BEEN READ. RETURN THIS PAGE ONLY TO THE CLUB REGISTRAR; KEEPING A COPY OF THE CREED FOR YOUR REFERENCE.**

I have read, understand and will do my best to abide by Canan FC's Player's Creed.

Team: \_\_\_\_\_

Date: \_\_\_\_\_

Player's name: \_\_\_\_\_

Signature: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

(if player is under 18 as of above date)

Parent/Guardian Signature: \_\_\_\_\_

Note: The CFC Player's Creed outlines the expectations of the members and participants of MLCFC's programs. Further expectations are contained in Ontario Soccer's Code of Conduct and Ethics<sup>1</sup>. As an affiliate of Ontario Soccer, this Code applies to all members of Maple Leaf Cavan FC.

## PLEASE SIGN & RETURN TO CLUB REGISTRAR

Revised January 1, 2026

<sup>1</sup>Appendix B: Ontario Soccer Policies, [www.ontariosoccer.net/governing-documents](http://www.ontariosoccer.net/governing-documents)