



Saddleback Children's

*Parent Handbook
2025-2026 School Year*



**Saddleback
Children's Center**

*30322 Via Con Dios
Rancho Santa Margarita, CA 92688
Revised 6/10/2025*

Welcome to Saddleback Children's Center!

We are happy that you have chosen our Preschool for your child! We give thanks to God as you join our Preschool family. It is our hope that this handbook will serve as a guide to help you and your child gain the greatest benefit from our Preschool program.

Parents and teachers can work together to make the transition as easy as possible. Parents can talk about school in a positive way emphasizing the fun of learning and making new friends. Our teachers are very gifted at helping children feel welcomed and comfortable in their new classroom setting. Each child will transition at their own pace. Your child's teacher will be available to assist in any way possible should this be uncomfortable for your child at first.

We want your child to discover that the world outside the immediate family can be an exciting, safe place, rich in the abundance of God's wonder and blessings. It is our desire for your child to feel at home at our school and to see that this is a place where they can become all that God has intended for them. We look forward to a wonderful first day as well as an exciting year with you and your child.

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Welcome to the Saddleback Children's Center Family

Philosophy

Saddleback Children's Center exists to provide a first educational experience, which helps each child develop to his or her full potential. All children need and deserve to be guided in ways that will help them be safe, healthy, happy, and well-adjusted. Our preschool relates the Christian message of faith, love, and acceptance to children living in a changing world.

Mission Statement

We intend to promote the development of the whole child: physically, socially, emotionally, creatively, cognitively, and spiritually. We will provide a warm, safe, nurturing environment in a developmentally appropriate program with individual learning centers where children can explore and interact freely. We respect and seek to meet the needs of each individual child including those whose needs are different. We further believe the teacher's role is to actively engage each child, to intentionally extract positive experiences, to observe each child's learning development, to discuss and develop learning goals with parents, and to provide a continuously adaptive classroom environment that will challenge each child.

We believe that learning does not end in our classrooms but continues in the outdoor environment. Learning centers extend to our outdoor playground allowing children to dig in the sand and garden areas, to take off their shoes for heightened sensory experiences, to engage in water play freely, to challenge their gross motor skills as well as free exploration of art, music, and dramatic play.

Our mission is to provide care to a wide range of children including children with more specific needs. It is our hope that each child will leave Saddleback Children's Center saying and believing "I am a good person. I am a kind friend. I make good choices. I am a thinker and I *love* to learn."

Tuition Information

Tuition

Tuition is based on a ten-month school year. The first tuition payment is due August 1st. Total yearly costs are listed on our registration form and on our website. Tuition for the entire school year can be paid at any time. If you choose our monthly payment plan, payments are due the first day of each month and are considered late after the 10th of the month.

Late Payments:

There will be a **\$25.00 late fee** charged if tuition is received after the 10th of the month. If for some reason you are unable to pay your monthly tuition, an attempt must be made to contact the school to discuss payment options.

You will be notified by statement on the 11th of the month if no tuition has been received. Tuition must be paid within 48 hours of notification or an additional **\$25.00 will be charged to your account for a total of \$50.00**. If no payment has been made by the 15th of the month, you will receive a phone call to discuss further action. Your child may not return to school if tuition payment for the current month has not been received by the first of the next month. For example, if you have not paid tuition for September by October 1st your child may not return to school until tuition has been paid in full.

Withdrawal

Once your child has started school, if you decide to withdraw your child from our program for any reason, one month's notice is required. If you fail to give one month's notice, you will be charged for the entire month's tuition.

Automated Payments

Automated payments will be charged or debited the 5th of each month:

- To enroll in automated payments, you must complete an authorization form to allow automated debits from your **bank account** or automated charges to your **credit card**. This form can be obtained from the office.
- Any payment made **by check or ACH** will receive a **2.5% discount** per transaction. The discounted pricing is listed on our registration forms and on our website.

Parent Portal

Saddleback Children's Center is pleased to offer **MyProcure**, a free online portal for you to access account information and easily pay tuition. MyProcure is safe, secure, and created with your convenience in mind.

Log in today!

1. Go to MyProcure.com.
2. Enter your email address (the email you have on file with Saddleback Children's Center) and choose **Go**.
3. Enter the confirmation code sent to your email, choose a password, and press **Go**.
4. Then you may:
 - a. View your child's schedule and more.
 - b. Use the **Pay** button to make a payment with your card.

Our Staff & Visiting

Staff

Our staff is carefully selected to provide a loving and nurturing Christian environment while stimulating the children cognitively and socially. All staff members are experienced, well-qualified, and knowledgeable in child development. Kindness and consideration are modeled in both words and behavior. Positive reinforcement is used to guide children and help them develop a strong self-esteem. Staff members are required to attend staff meetings, professional seminars, and the California Association for the Education of Young Children (CAEYC) annual conferences to keep abreast of new developments in early childhood education, including assessment training and continue to provide a quality program for the children. Newly hired teachers are required to take training on Observation and Assessment through the Department of Education.

Parent Involvement

We believe parent involvement is an important part of the learning process. We encourage parents to share information about their child and the family circumstances with their child's teacher. Families are encouraged to participate in the program and to interact with each other to create a first educational experience which will help each child develop to their full potential. A parent volunteer list will be passed out at the beginning of the school year listing many ways parents can help. Parent help and support is a vital part of our program and is much appreciated.

Visitors to the Center

Once you have enrolled your child into our program, we recommend that you have your child visit our school a few times before they start. Please call the center to arrange a time to visit.

We welcome parents to our center. All parents must report to the office before going to the classroom except when they are bringing or picking up children. Although we do not have observation facilities, for those wanting to observe their child discreetly we will attempt to provide a place for inconspicuous observation.

Classroom Observations

Parents may request to observe their child in the classroom with the following guidelines:

1. Advance two week notice to sign up for a time to come and observe
2. No observations during the first 2 weeks of school, last two weeks of school or on any party days.
3. No observations during naptime
4. Check in at the office
5. Observe only, this is not a time to interact with the children, that can be accomplished during volunteer sign-up times. Do not attempt to guide other children's behavior or interfere with the learning within the classroom.
6. Observation times will be limited to a maximum of 30 minutes and may not begin until 8:45am in the morning after the teacher has had time to set up the classroom and greet other students.



Drop Off, Pick Up & Absences

Arrival/Departure

Your child must be accompanied into the classroom by an adult who must wait until your child is acknowledged and accepted into the group. If for any reason, the child is not permitted to remain in class (signs of illness, for example), the adult is responsible for either returning the child home or making other arrangements for his or her care.

Sign-in sheets are located outside each classroom door. You must sign your child in and out with your full legal signature. For your child's safety, he or she will be released only to a parent or authorized adult. Written permission is required if your child is to be picked up by someone not listed on your child's authorization form. Identification will be required.

Center hours are 7:00am to 5:00pm for Full-Day students. Our Eight Hour Program is offered either from 7:00am – 3:00pm or 8:00am – 4:00pm, depending upon what was chosen upon enrollment, and is not a flexible 8-hour schedule. Our Extended Day Program is offered 8:30am-1:00pm. Our half-day morning preschool session is offered from 8:30am to 11:30am. Our JR kindergarten core program is offered from 8:30am to 1:00pm.

Early Morning Drop-Off

Our campus is not open until 7:00am. Families that arrive early in the morning may not enter the campus until this time. Please respect the time the teachers need to set up for your children to have a fun and safe learning environment. If you arrive at 8:15am, please sign your child in directly to their classroom. This is a transitional period where teachers are picking children up from the Big Room and taking them to their classrooms.

Preschool Drop-off: If your child is enrolled in the preschool morning program please wait until 8:30am to sign your child into their classroom. Our teachers need plenty of time to prepare for a day full of fun and learning.

It is important that your child be on time for class. It interrupts the classroom and makes adjustment difficult for your child when he/she is dropped off after class has begun. Because our staff members have responsibilities in addition to being in the classroom, they will be unable to be with the children during times other than scheduled times. Parents leaving their children past closing time (full-day/8HR children) or past dismissal time (half-day children) will be assessed a late fee of \$1.00 for each minute late.

Parking: Please make sure to park your car and walk with your child to the designated sign-in location. Idling vehicles are not permitted. Parking in the fire lane is also not permitted.

Absences

We would appreciate being notified when your child will be absent from school. Please call the school and let us know the reason for the absence and the duration of the absence (Children can become disturbed by the absence of a classmate unless they are reassured with a reason for the child's absence and the approximate time of his return). In cases of communicable diseases, we need to notify other parents to watch for symptoms in their children. Parents of any child returning to school after having a communicable disease should contact the Director for any specific instructions. There will be no reduction in tuition due to the absence. In the event of an extended absence, the parent and Director should decide if the child's place should be retained (and paid for) or released to another child.

Health and Safety

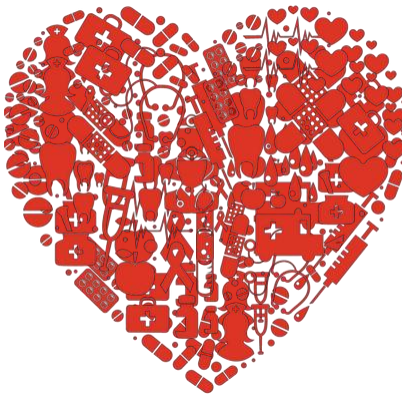
Immunizations

Under the California School Immunization Law (California Health and Safety Code, Sections 120325-120375), to protect the public's health, children are required to receive certain immunizations in order to attend childcare centers. Please visit shotsforschool.org for the complete list of required immunizations. Exemptions are not accepted.

Illness

It is our desire to keep the children and adults at Saddleback Children's Center as healthy and safe as possible. To do this, we need your cooperation.

The State of California requires children who appear to have the following symptoms to be excluded from school:



- Fever AND sore throat, rash, vomiting, diarrhea, earache, irritability, or confusion. Fever is defined as having a temperature of 100°F or higher taken under the arm, 101°F taken orally, or 102°F taken rectally.
- Diarrhea
- Vomiting within the last 24 hours
- Body rash with fever
- Sore throat with fever and swollen glands
- Severe coughing – congested or persistent cough
- Eye discharge – thick mucus or pus draining from eye or pink eye
- Child is irritable, continuously crying, or requires more attention than staff can provide.

Sick children need to be picked up as soon as possible. We are not licensed for sick childcare. If a child is sent home for any of the above reasons, the child must stay home for a 24-hour period. A doctor's note may be required for re-admittance to the preschool.

Your child must be without a fever for 24 hours before returning to school. Even if your child does not show any of the above symptoms but feels “under the weather” it may be wise to keep him home; perhaps an extra day of rest will help fight off something more serious.

Parents will be notified if children have been exposed to any communicable or serious illnesses. Before a child returns to the preschool after having a communicable illness, the parent must provide a doctor's note to assure that returning is safe for the child and others.

Health and Safety

Head Lice (adapted from <https://www.cdc.gov/parasites/lice/head/schools.html>)

- Students observed with crawling head lice must be sent home from school; if sent home for active head lice, the student may be treated and return to class after appropriate treatment has begun. Nits may persist after treatment, but **successful treatment should kill crawling lice**. The student must stop by the office to have their head checked for active lice before returning to the classroom.
- Head lice can be a nuisance, but they have not been shown to spread disease. Personal hygiene or cleanliness in the home or school has nothing to do with getting head lice.
- Both the American Academy of Pediatrics (AAP) and the National Association of School Nurses (NASN) advocate that "no-nit" policies should be discontinued.

Prescription Medication

If you need to have medicine administered to your child at school, you will need an authorization form filled out by your child's pediatrician. Forms can be obtained from the office or printed from our website. Only prescription medications in the original container labeled with the child's name will be administered at school.

Parents with children needing EPI-PENS or asthma inhalers left here on campus for emergencies will need to obtain an authorization form from the office and have your child's physician fill it out. Whenever any emergency medication is administered, 911 will be called and the parents will be notified. Please keep your emergency contact phone numbers current.

Children with Food Allergies

We are a peanut and tree nut free school. If your child has a food allergy, we will take every possible precaution to help ensure their safety at school. Children with food allergies will also have their names posted on the allergy chart in the classroom as well as their food allergies listed on their food placemat for snack. We will send home information to all the parents in that classroom alerting them about food that cannot be served in the classroom due to allergies. If you have any questions or concerns about your child's allergies, please contact the school office.

Health and Safety

Biting Policy

If a child bites another in the classroom, the biter will be sent home for the day. Every effort will be made to help children talk and use words to work out their frustrations. If your child is sent home, you will be given information as to how we handled the incident at school as well as resources on what you can do at home to help guide your child's behavior. Biting is considered a stage of development and usually occurs when a young person lacks the ability or maturity to express their emotions verbally but should be evaluated on an individual basis.

How we handle biting incidents at SCC:

- If we observe the incident, we can correct it on the spot.
- We do not use the word "bite," but will remove the child from the area where the bite happened without talking and attend to the child that was bitten.
- As a consequence the biter may be told, for example, "You do not get to play with your friend because you hurt your friend with your mouth."
- Upon return to school, the teacher will use positive reinforcement when the child is playing appropriately with friends and may say, "I like how you are using your hands while you are playing."
- It is not recommended to continue talking about biting, so we suggest using caution at home.

If your child is:

- **Under age 3 and bites at school**
 - They will be sent home for the day with resource.
- **Over age 3 and bites at school**
 - They will be sent home for the day with resources.
 - Children over age 3 that have three or more biting episodes at school may need to be removed from our program. We will make every effort to work with this child/family before doing so, including a possible suspension.

Health and Safety

Children with Asthma

If your child has asthma and stays in our Full Day program, you can request that your doctor prescribe an inhaler to be left here on our campus. Please stop by the office for additional documents you will need to have filled out.

Sunscreen at school

Please apply sunscreen on your child each morning before sending him or her to school.

If your child is in our Full Day program and you would like us to apply sunscreen again after lunch, we will do so. Please provide sunscreen labeled with your child's name that can be applied at school. Sunscreen sign-ups are in the Full Day room.

Accident Reports

Although the children are under constant supervision, accidents may occur. In case of a minor accident or injury, the staff will handle the incident and either call you to report the incident or fill out an "Ouch Report" which will be sent home with your child. If a serious accident occurs and the child needs immediate medical attention, we will first summon emergency aid and then notify the parent.

The center will refer to the child's "Emergency and Health Procedure" form. Please keep us informed of any changes in emergency information such as a new telephone number, a new physician, etc. Your cooperation is vital to your child's well-being.

Building Security and Access

Only authorized individuals are permitted on campus. Families are given an access code upon enrollment into the program that allows them entrance through the main foyer and the kitchen gate.

Health & Developmental Screenings

Screenings will be conducted at our school at no cost by the Family Support Network. These screenings are voluntary and are valuable tools in assessing a child's capabilities. We encourage all students to participate. Health and Developmental Screening packets will be distributed to all parents in September prior to the scheduled screening date. Each packet includes: a parental permission slip, a Parents' Evaluation of Developmental Status PEDS, and an informational survey. It is highly recommended that parents take advantage of this free service.

Lunch & Snacks at School

Snack and Meals

A snack is served during each morning and afternoon session. For morning snack, there will be a snack calendar sign-up for parents to bring the listed snack for the entire class at least two times a month. Afternoon snack will be provided by parents. We are a peanut and tree nut free school.

If your child attends the 8 hour or full day program, you may send a toothbrush to school to allow your child an opportunity to brush their teeth after the afternoon snack time.

Saddleback Children's Center wants to be your partner in providing good nutrition for your child. For full day children or children staying for lunch bunch, who bring their lunches to school, we have prepared the following guidelines to help you plan and prepare interesting and wholesome lunches.

Portions – Young children like small amounts of a variety of foods. A good rule of thumb is about one bite of each kind of food for each year of age (for instance, three bites for a three-year old). Children can be overwhelmed by a whole sandwich or a whole piece of fruit. Give your child small quantities of four or five different foods.

Additives – Stay away from excessive sugar, salt, preservatives, artificial flavoring and coloring. **Therefore, we do not allow Lunchables at school.** We ask all parents to avoid putting any sweets including cookies and candy in their child's lunch, as sweets have very limited nutritional value. Children need protein, fruits, and vegetables for healthy brain development and to supply them with the energy they need to make it through the day.

Beverages – If you send juice in your child's lunch, be sure it is 100% pure juice and not full of added sugar or preservatives. Beverages should be milk, water, or 100% pure juice, not HI-C, Capri Sun, punch, or other sugar based "fruit drinks." We recommend you send water in your child's lunch, as water consumption is very important for our bodies to work efficiently and children often do not get enough water each day to maintain good health.

The following list of foods is designed to give you some ideas for healthy lunch box choices. In addition, there are several good books and websites available on creative lunches for children. Check online or with your local library or bookstore for more ideas.



- Fruits, including peeled oranges, pear, apples or banana slices, melon balls
- Vegetables, including sliced bell peppers, celery stuffed with cream cheese or sun-butter, zucchini or cucumber slices, peas in a pod
- String cheese, cheese and cracker sandwiches
- Sun-butter (sunflower butter) sandwich
- Hard boiled eggs
- Noodles, whole-grain breads or breadsticks
- Lunch meat (turkey, chicken, roast beef, etc.)

Schedules

Holidays

Preschool: Saddleback Children's Center will follow the schedule of Saddleback Valley Unified School District with respect to holidays. You will be given a complete holiday schedule at the beginning of the school year, or it can be downloaded from our website.

Full Day & 8-Hour Programs: Our Full-Day & 8-Hour Programs remain open except for major holidays and one week at Christmas. We are closed for one week in August each year for staff in-service and classroom preparation.

Birthdays: A fun occasion for all children is to celebrate their own birthday. We celebrate all our children's birthdays at our school, even throughout the summer. Children are given a birthday crown to wear throughout the day and the class sings "Happy Birthday" to them.

Parents may bring in a special store-bought snack for the day, but it is not required. All snacks must adhere to our healthy food guidelines. Items such as cake and ice cream are not permitted. Also, party favors, balloons, etc. should be saved for your party at home.

Field Trips

Our school provides many on-campus field study activities throughout the school year. Mobile farm animals, reptiles, musicians, local community workers, as well as our local fire and police departments come to our school and visit the children. Each group provides a special learning program geared for young children. Occasionally, a teacher may schedule an off-campus field trip for their class. All parents are notified in advance of these trips and are required to sign a permission slip for their child to attend.

We request that all parents attend off-campus field trips. If for some reason a parent is not able to attend, we ask that you speak to your child's teacher about alternative arrangements for your child's participation.

Teachers may occasionally take their students on a field trip to IN-N-OUT and O'Neill Regional Park, which is within walking distance. Parents are not required to attend these field trips but must complete a permission slip that is good for the entirety of the school year. Parents will be notified before each outing.

Calendar of Events

Our school year calendar is emailed out in August but can be downloaded from our website at any time. We also have copies in the office. Also, our monthly newsletter will have a calendar for the month attached to it with an overview of all school events. Both the school year calendar and the monthly calendars can be downloaded from our website at:

www.saddlebackchildrenscenter.org.



Home & School Communication

Parent Conferences

At least twice each year (October & May) or more often if deemed necessary by parents or teachers, your child's teacher will hold parent-teacher conferences. The teacher will review observations that have been made about your child's development and share ideas, information, and impressions about your child. In addition, we encourage parents to speak to their child's teacher or the Director anytime there is a question or concern.

Child Observation and Assessments for Preschoolers

Saddleback Children's Center uses a variety of assessment methods to support children's learning including observation, developmental checklists, parent input, and outside professional organizations that evaluate children in areas of speech, hearing, vision, and learning abilities. Staff will make every effort to be sensitive to culture and language when assessing children both formally and informally and when communicating with families.

Teaching staff is trained annually during the fall on best practices for child observations as well as informal and formal assessments. At this time, administration and staff review all assessment forms that will be utilized throughout the school year. For formal assessments, SCC uses a checklist based on the Preschool Learning Foundations, which focusses on the development of the child. SCC is supported by QRIS (Quality Rating Improvement System), a non-profit funded by the Orange County Department of Education. QRIS provides SCC with a coach each year who uses an assessment tool, CLASS, that focusses on deepening relationships and helping teachers to meet their personal goals, including assessing their own children. The coach has the opportunity to spend time in each classroom monthly and provide feedback to the teacher.

Child assessment is used to continuously monitor and improve the quality of care we provide to the children and families we serve. Assessment is used to inform program planning and decision making, to implement improvements, and to best provide for your children's development and learning through the daily activities within each classroom.

Parent Education

From time to time our center will host guest speakers to present topics of interest to parents such as discipline, growth patterns of young children, health and safety, family relations, etc. You will be notified in advance of these events. We encourage all parents to attend. If you have an idea for a topic of interest, please let us know.

Parent-School Communication

We believe that communication between home and school is important. We distribute school year event calendars and monthly newsletters to keep parents aware of the happenings at our center. This information is also posted on our website at: www.saddlebackchildrenscenter.org. Parents will receive a weekly lesson plan from their child's teacher which outlines what is being covered more specifically in their child's class.

You can contact the school by phone:

949.858.0646 or by email:

info@saddlebackchildrenscenter.org

Home & School Communication continued...

Parent-Teacher Communication

Parents should first consult their teacher with any questions, suggestions, or concerns. If this process of communication does not adequately resolve the concern, parents can consult with the Preschool Director, Meagan Kraszewski Meagan.k@saddlebackchildrenscenter.org or Assistant Director, Kristin Thomas Kristin.t@saddlebackchildrenscenter.org. Drop-off and pick-up times are not the best times to communicate with your child's teacher. It is ideal to communicate by email or arrange a formal meeting to address your needs. If the aforementioned process of communication does not adequately resolve the concern, parents may consult with the pastor of Community Lutheran Church, or in the absence of the pastor, the Preschool Board liaison to the Church Council. In either case, this person may be reached through the church office (949-858-0307).

Discipline Policy

Discipline

Children are sent to school to develop and learn social skills. Social behaviors can be taught by helping children discover positive ways to solve problems. Giving children verbal prompts and examples such as, "Ask your friend to please give you the toy when they are finished," is an important part of helping children to become social among their peers. When children become upset, talking to them about their feelings and helping them to express themselves verbally is usually all they need to gain confidence in a situation.

Discipline Guidelines Used By Our Staff

This school is a place to learn in a comfortable, secure, and loving Christian environment. Inner controls are not complete in children at the preschool level, and it is not fair of us to expect perfect behavior from them.

Some of the reasons these inner controls are not complete are:

- They are immature.
- Children's desires are intense, immediate, and egocentric in nature.
- Children's temperaments vary with developmental stages.
- Children are drawing on past experiences, what works at home, and in their neighborhood.

The best and most effective form of discipline is preventative.

- Make sure limits are clearly set before play begins.
- Reinforce positive behavior with verbal praise, gentle touches, notes for children to take home to their parents.

Procedure for when behavior occurs that is out of bounds

- Staff may attempt to redirect the behavior. Example: "The sand is for building with, can you build a castle?"
- Staff may attempt to identify the inappropriate behavior and be specific about what is wanted. Example: "I see you are throwing sand and that is not ok. Sand is used for mixing and stirring."
- Staff may use "If-then" messages. "If you want to play with the sand, then you need to build with it."
- Staff may relocate the child to another interest center. "I can see you're not ready to play in the sand area now. You can try it again later."

Incident Reports

- Teachers will document behaviors that are considered unsafe on an incident report. Bear in mind age appropriate behaviors.
 - The incident report must be submitted to the Director or Assistant Director who will sign off on the report and determine what action needs to be taken.
 - Unsafe behaviors at school may warrant a send home for the day, meeting with parent, additional resources sent home, separation of two children who are playing unsafe together. A pattern of unsafe behavior may be subject to exclusionary measures (see below).
 - Examples of unsafe behaviors include, but are not limited to:
 - Unprovoked hitting/pushing, especially that which is excessive
 - Pushing off un-safe heights
 - Running away
 - Climbing on or using furniture inappropriately
 - Bad language
 - Throwing objects at friends excessively

Use of Suspension, Expulsion and Other Exclusionary Measures

Although, our goal is to provide quality care and education for all children, there will be rare circumstances where we are unable to continue to serve a child and family.

- Prior to consideration of suspension or expulsion the following measures are taken:
 - Teachers observe and document challenging behaviors over a period of time.
 - An initial meeting will be set up between administrative staff, teacher, and parents.
 - Administrative staff, the teacher, and parents will build a plan together and communicate daily regarding the child's progress.
 - Suspension may be considered, followed by expulsion if the following occurs:
 - No progress has been noted.
 - Parents are not on board.

The behavior becomes unmanageable by staff requiring attention that distracts from the other students in the classroom or requiring 1:1 attention.

Discipline that cannot be used at any time, for any reason

- **Spanking is prohibited by California State Law.**
- **Any form of physical punishment (hitting, pinching, biting, washing mouths with soap, etc.**
- **Any verbal attack that causes damage to the child's self-image.**
- **Withholding of food or basics needs like toileting, drinking or cover from heat or cold.**

This policy is in compliance with federal and state civil rights laws.

Other Policies & Information

Toys from Home

The center has many appropriate play materials for the age groups served. Therefore, we do not allow children to bring toys from home to play with. Toys from home can cause problems with other children or may become lost or stolen.

When a new child joins an established group, this child may need the security of something from home. This situation should be discussed with the teacher so that appropriate arrangements can be made (what the child may bring, how it will be used at school, for what length of time it can be brought, etc.).

Naptime

Children who stay for our Full-Day and 8 Hour Programs will be required to take a rest. No child is expected to sleep. Children are provided an individual cot and small groups of children are combined in a classroom for rest time. Naptime runs from 12:45 pm to 2:30 pm. Children who do not sleep may get up at 1:30 to draw, look at books, work on puzzles or play outside if staffing is available.



Full-Day and 8-Hour children need to bring a Rollee Pollee Napsac for naptime. These can be purchased from <https://rolleepollee.com>. Please clearly label them with your child's name. Rollee Pollee Napsacs need to go home every Friday to be laundered and returned to school on Monday. The Rollee Pollee Napsac will be stored in your child's classroom cubby or in the Big Room cubby if it is determined that your child naps in the Big Room.

Please note: Jumpstart Preschoolers see additional information at the end of this handbook.

Dress Code

Preschool activities can be wonderfully messy, gooey, and sticky! Please send your child to school in comfortable, easily laundered clothing which will free them to participate in the many activities we offer. While we do cover children with smocks during some messy activities, you can expect dirt, stains, and paint! You have chosen a school that is rich in hands-on discovery experiences without inhibitions or fears of getting dirty.

Rain: When it rains, we enjoy the opportunity to take the children out to enjoy the sprinkles and puddles and other fun the rain brings. Please send your child to school with rain boots and a raincoat on these days so that they can participate in these rich, sensory learning experiences.

Other Policies & Information Continued...

Shoes & Change of Clothes

Children are allowed to remove their shoes during outside playtime to engage in sand and water play as well as other sensory exploration. Shoes worn to school should fit well, be comfortable, and be appropriate for vigorous play activities. Slick-soled shoes are unsafe and are not allowed at school. In addition, shoes with heels, sandals, flip-flops, and other open-toed shoes are not allowed. Comfortable water shoes are allowed if you wish to have your child avoid getting their regular shoes wet.

Each child will need a change of clothing available at school in case of an accident. To keep your child dry and comfortable we ask that you send a change of clothing to school in a Ziploc bag with your child's name clearly marked on it. Although we do have some extra clothes for emergencies, they are limited and may not be what your child is comfortable wearing.

Lost and Found

Our Lost and Found box is in the foyer at the front of the school.

Emergency Plan

Our Center practices emergency preparedness by implementing fire drills and earthquake drills. Our school also has emergency food and water on hand, along with health, safety, and first aid items. All staff members are CPR and First Aid certified. We follow the emergency guidelines set by State and Local Officials. In the event of a disaster, our staff is prepared to stay with the children until everyone has been picked up. Emergency procedures are posted in each classroom. For an outline of our complete emergency procedures, please stop by the office to pick up a copy or view the one posted in your child's classroom.

Talk to Us

The Director has an open-door policy for parents who wish to talk about any concerns they may have regarding their child, their child's teacher, the facility, or the program in general. The Director will refer parents to an appropriate agency or resource in matters that are beyond the expertise of the center.

Jump Start Preschool

Jumpstart is designed for children 30 months and older. We offer a first preschool experience to those children that may not be toilet trained or are too old for a toddler program but may be a little too young for a regular preschool class. We focus on children's social/emotional, development and cognitive skills in a nurturing environment that allows young children to grow and learn in their own unique way. This program is center-oriented the same way our other preschool classes are however, the teacher-child ratio is 1:6 with a maximum of 12 children in the classroom. Children have all the same experiences that our regular preschoolers have including opportunities to experience music, art, science, math, language arts, dramatic play as well as social skill development in a fun learning environment.

All children need to have wipes and extra pull-ups or training pants in their cubbies at all times.

All children need to have at least two changes of clothing in their cubbies. Children that stay all day need to have a Rollee Pollee Napsac purchased from <https://rolleepollee.com>.