

JEWELRY - LAW 4

All items of jewelry and watches (necklaces, rings, bracelets, earrings, leather bands, rubber bands etc.) are strictly forbidden and must be removed.

Using tape to cover jewelry is not acceptable.

Loose beaded hair is also not permitted unless tied back or covered by a net.

Exceptions to this interpretation are:

- Smooth wedding bands, which, when the referee is convinced cannot be removed may be taped. (not the CSA position but understand in recreational soccer it would be accepted)
- Medic Alert Bracelets are allowed. Where possible they should be the soft Velcro style which does not present any danger. If the medical alert bracelet is the normal metal type it should be either covered by a sweatband or taped. If taped the taping should be such that the description of the medical problem is clearly visible.

More information can be found on the Ontario Soccer website:

[Clarifying The Use Of Activity Trackers For Players](#)