

Saugeen Shores United F.C

Concussion Protocol

RECOGNIZE & REMOVE

1) If player is suspected of concussion IMMEDIATELY REMOVED FROM FIELD OF PLAY.

2) Follow-up & look for Visible Clues with player (or have another coach/parent that is trained/med personal) never leave the player alone! Player can suffer concussion without impact to head.

Use your Pocket Concussion Recognition Tool found in First Aid Kit

3) Player needs to be assessed before returning back to play.

"IF IN DOUBT, SIT THEM OUT"

4) Player Suspected Concussion (don't leave alone/should not drive a motor vehicle) should be referred to a medical professional/ER for diagnosis & guidance. Please fill out the Clubs Sports Injury Report Form, make mention of all visible clues/signs/symptoms the player is having. This should be record & copy, as this will help the doctor.

**Please email Sports Injury Report Form - info@ssunitedfc.com*

5) If parents/guardian not in attendance please make contact (phone call) on the situation and that the player needs to be checked out by a doctor/ER visit.

**Parents/Guardian can find concussion guidelines via club website*

6) Concussion suspected player must start return to play procedures

RED FLAGS CALL 911

- Lost of Consciousness
- DO NOT MOVE player if neck injury is suspected
 - Player Complains of neck pain
- Any other Red Flags mention in the concussion tool

Concussion Resources:

APP: Concussion Ed (via parachute)

NCCP/Coach.ca: Making Head Way (Soccer) - Concussion eLearning Module
(free – 60min module)

Club Resources-Parachute: Club Website –About Us –Player Safety)

Concussion Guidelines for Parents & Caregivers,

Concussion Guidelines for Players

Concussion Guidelines for Coaches/Trainers

Coaching Package/First Aid Kit: Pocket Concussion Recognition Tool

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