



## COMPETITIVE OVERVIEW

### Grassroots

Programs for players aged U12 and younger, whether "Recreational" or "Competitive"

### Community

"Recreational" or "House League" programs for players aged U13 and older

### Competitive

"Competitive" programs at the District or Regional level for players aged U13 and older

### Development / Performance

"High Performance" standards-based programs at the Provincial level for players aged U13 and older (e.g. the Ontario Player Development League, or League 1 Ontario)

### Excellence

National Teams or Professional Club Academies

**Community**  
In-House or Recreational



**Competitive**  
District or Regional



**Development / Performance**  
Standards-Based League



**Excellence**  
REX or Pro Club Academy