

## Battle for the Heart - Questions from the Heart May 31, 2026- Don Williams

### Proverbs 4:23

*"Above all else, guard your heart, for everything you do flows from it."*

Anger says: You Owe Me  
Antidote is: Forgiveness

Guilt says: I Owe You  
Antidote is: Confession

Greedy Says: I Owe Me  
Antidote is: Generosity

Jealousy Says: God Owes Me  
Antidote is: Gratitude

### Luke 8:4-8

*"While a large crowd was gathering and people were coming to Jesus from town after town, He told this parable: 5 "A farmer went out to sow his seed. As he was scattering the seed, some fell along the path; it was trampled on, and the birds ate it up. 6 Some fell on rocky ground, and when it came up, the plants withered because they had no moisture. 7 Other seed fell among thorns, which grew up with it and choked the plants. 8 Still other seed fell on good soil. It came up and yielded a crop, a hundred times more than was sown."*

*When He said this, He called out, "Whoever has ears to hear, let them hear."*

### Luke 8:11-15

*"This is the meaning of the parable: The seed is the word of God. 12 Those along the path are the ones who hear, and then the devil comes and takes away the word from their **hearts**, so that they may not believe and be saved. 13 Those on the rocky ground are the ones who receive the word with joy when they hear it, but they have no root. They believe for a while, but in the time of testing they fall away. 14 The seed that fell among thorns stands for those who hear, but as they go on their way they are choked by life's worries, riches and pleasures, and they do not mature. 15 But the seed on good soil stands for those with a noble and good **heart**, who hear the word, retain it, and by persevering produce a crop."*

### **Our Heart's Condition:**

1. Our hearts are complex.
2. Our hearts are messy.
3. Our hearts must be cultivated.

*Does God have access to all of my heart?*

- 1) How do I guard against a hardened heart?

*Unforgiveness hardens the heart of the person who holds it.*

- 2) What do I do when the person I'm angry with is me?

- 3) Is it OK to be Angry when people do evil things to others?

### Psalm 11:7

*"For the LORD is righteous, He loves justice; the upright will see His face."*

- 4) What can I do to increase my heart health?

### John 4:24

*"God is spirit, and His worshipers must worship in the Spirit and in truth."*

### 1 Thessalonians 5:23

*"May God Himself, the God of peace, sanctify you through and through. May your **whole spirit, soul and body** be kept blameless at the coming of our Lord Jesus Christ."*

### Matthew 5:8

*"Blessed are the pure in heart, for they will see God."*

