

February Spirit Week

February 9th – Wear your favorite Superhero attire!

February 10th – Crazy Sock Day!

February 11th – Represent your favorite sports team!

February 12th – Wear your favorite athletic clothes!

February 13th – NHI Day!

*This year we will be supporting
Dogs of Knox*

February Safety Tip

Extreme cold requires layered, insulated clothing (hat, mittens, waterproof boots), covering all skin to prevent frostbite and hypothermia. Limit outdoor time and stay dry. Keep pipes warm, avoid overexertion while shoveling, and bring pets inside.



Safety Measures:

- **Dress in Layers:** Wear loose-fitting, lightweight, warm clothing in layers to trap air. Use an inner layer (wool/synthetic), middle layer (fleece/down), and a wind/water-resistant outer layer.
- **Protect Extremities:** Wear a hat (up to 40% of heat loss occurs here), mittens (warmer than gloves), and scarf to cover your face and mouth
- **Stay Dry:** Wet clothing causes rapid heat loss. Change wet clothing immediately.
- **Monitor Health:** Watch for signs of hypothermia (shivering, confusion, slurred speech) and frostbite (numbness, grey/white skin).
- **Indoor Safety:** If using heaters, ensure proper ventilation to prevent carbon monoxide poisoning. Never use a stove or oven to heat your home.
- **Travel Prep:** Keep a winter survival kit in your car (blankets, flashlight, food, water) and keep the gas tank at least half full.

Know the Risks

- **Wind Chill:** This factor makes cold temperatures feel significantly colder, increasing the risk of frostbite in minutes.
- **Heart Attacks:** Cold air causes arteries to constrict, while heavy snow shoveling increases heart strain.

Preparation Tips

- Ensure your home is properly insulated and seal drafts.
- Keep your phone charged and check weather forecasts regularly.



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Where's summer?



BIRTHDAYS & ANNIVERSARIES



Happy Birthday to... John G. – February 18th

We would also like to recognize Cherish Bell for 20 years of service, Joe Blanchard for 19 years of service, and Reanna Lawson for 1 year of service!

INDIVIDUAL SPOTLIGHT

We would like to take a moment to recognize Joe Blanchard for 19 years of dedicated service to NHI and the individuals that we serve. Joe will be retiring from full time employment on February 10th, but don't worry, he will be sticking around and driving a few days a week! Over the years Joe has worn many different hats here at NHI. He has worn them all well and has worked diligently every day to improve the lives of others. We can't thank him enough for all of his efforts over the last 19 years! Congratulations on your retirement Joe!



WE ARE HIRING!!

We are hiring! If you are looking for a rewarding career in a family friendly work environment, please consider joining our team! **NHI is looking for a part-time employee for HPC Services and full time employees for Community Employment Services.** Full time employment includes a generous benefit package (paid health insurance, paid life insurance, paid vacation, paid sick leave, 10 paid holidays a year, optional dental insurance, and excellent hours). If you are interested in joining our team or finding out more about the positions mentioned above, you may apply in person at 12200 Upper Fredericktown Road, call (740) 397-4601 or apply on our website, www.newhopeind.com.

Join our Team!!



JOKE OF THE MONTH

How do vampires know if they have had a successful Valentine's day?



If it's love at first bite!

(Courtsey of James A.)



New Hope Industries
12200 Upper Fredericktown
Road
740.397.4601
www.newhopeind.com

A MESSAGE FROM OUR CEO

February

Goodbye January and Welcome February!

As we leave the long, cold, and snowy month of January, we are looking forward to warmer and brighter days ahead. We are less than 50 days away from Spring!

Thank you for your understanding and patience this past month. We unfortunately experienced several service closure days due to extremely cold temperatures and inclement weather causing poor road conditions. NHI transports individuals from all corners of Knox County and even enters neighboring counties. Some of these areas are rural where roadways can be hazardous. NHI utilizes a one call system to notify participants of closures. Additionally, we will always post closures on our Facebook page. If you are not receiving notifications and would like to, please reach out to NHI's Office Manager, Bailee White at 740-397-4601, extension 1007 or choose option 7 from the auto attendant. NHI's one call system supports voice calls and/or text messages. Please remember, opting out of the messages when you receive them will prevent you from receiving future notifications.

Below is a copy of NHI's calamity day policy from our Program Services Handbook.

Calamity Days

The CEO or designee may authorize an emergency closing for all or part of NHI due to inclement weather conditions or other emergencies (water main break, heating malfunction). NHI strives to provide quality programming on a consistent basis. Every effort is made to provide uninterrupted services as they are scheduled. In the event of severe weather conditions, or other emergencies, program participants will be notified via a one call system. NHI's one call system can accommodate texting and call formats. The call and/or text will go out to the phone number(s) you provided to NHI. Please note, some days NHI routine transportation may not be available, but our program will remain open for business as usual for those who can provide their own transportation.

