



Emergency Action Plan

Call 911 First!

EAP located in the Russell Community & Sport Centre Sportif & Communautaire (988 Concession St, Russell)

Trainer's Responsibilities

- When to Activate EAP
 - No Pulse
 - No Breathing
 - Bleeding Profusely
 - Impaired consciousness
 - Injuries to Back, Neck, Head
 - Major Trauma to a Limb
 - Cannot move or Feel Limbs
 - You Believe you Should
- How to Activate EAP
 - **Take Control**
 - Assess Injuries
 - Call 911 or tell someone to call and relay info about injuries
 - Direct someone to wait at the Front to Guide Paramedics
 - Provide First Aid: STABILIZE
- EAP (Once the child is Stabilized)
 - Have Medical Form of the player ready for Paramedics

- Notify parents if not on the scene
- Take Notes of player's name and:
 - injuries, hospital name
 - time, location, witnesses
 - referees....
- record incidents/injuries with the Russell Soccer Club

ADDRESS of Russell Soccer Fields

- Mother Teresa School: 1035 Concession Road
- St. Joseph School : 1008 North Russell / Concession Road
- Russell High School : 982 North Russell / Concession Road
- Russell Public School : 14 Mill Street
- Russell Community Centre: 988 North Russell / Concession Road. (Between Russell High School and St-Joseph primary School)

Important

- Each player should have an Emergency Medical Form completed.
- All forms must be inserted in the EAP's binder from this point. The player's assigned "Letter" from the index page, must be printed on the top right corner.
- This Emergency form can be use as references by the coaches, trainers and medical staffs.

CHEO - The Children's Hospital of Eastern Ontario

401 Smyth Road, Ottawa, ON, K1H 8L1
613-737-7600

Winchester District Memorial Hospital

566 Louise Street, Winchester, ON, K0C 2K0
613-744-2422