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ORAL & MAXILLOFACIAL SURGERY

Before Sinus Surgery

Sinus Precautions

The sinus surgery to be performed may result in contact or communication with your maxillary (upper jaw) sinus. Certain precautions will assist with the healing of the procedure, and we ask that you faithfully follow these instructions:

- Purchase over the counter **SUDAFED** (for nasal congestion) and begin taking it 48 hours before the surgery. Take the Sudafed every day up until your surgery date.
- Purchase over the counter **AFRIN NASAL SPRAY** and bring the spray with you to your surgery appointment. You DO NOT need to use the spray prior to surgery, but Dr. Russell will go over the instructions on when and how to use the spray afterwards.
- We will call in an **ANTIBIOTIC** to your pharmacy that you provided to us. **PLEASE TAKE AS DIRECTED STARTING THE DAY BEFORE YOUR PROCEDURE, INCLUDING THE DAY OF THE PROCEDURE.** Take the antibiotic with a very small amount of water IF you will be having the procedure done with IV Sedation. The antibiotic is used as a pre-medication for your procedure.
- Continue taking the antibiotic **until it is gone** after your surgery.

-If you have any questions, please call the office. We will be happy to answer your questions or concerns.