

## Before Intravenous Anesthesia Sedation

- **You cannot have anything to eat (including candy, gum, mints, etc.) for eight (8) hours prior to the appointment. WE DO ENCOURAGE drinking water, apple juice or a clear Gatorade up to two (2) hours prior to schedule arrival time at our office.**
- NO smoking/vaping for at least 12 hours before surgery. Ideally, cut down or completely stop smoking/vaping as soon as possible prior to the date of surgery.
- No marijuana for a minimum of 4 days prior to the surgery.
- **A responsible adult must accompany the patient to the office, remain in the office during the procedure, drive the patient home and remain with them until they are recovered (minimum 2-4 hours). If the patient is a minor, then a guardian must be present.**
- Absolutely NO ride-share (Uber, Lyft, Taxi, etc.) are acceptable transportation following surgery.
- The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia or while taking a prescription pain medication.
- Please wear loose-fitting clothing with either short sleeves or sleeves which can easily be rolled up past the elbow, and low-heeled shoes.
- No contact lenses, jewelry or dentures. All must be removed at the time of surgery if not left at home.
- Do not wear lipstick, lip gloss, excessive makeup, or dark colored nail polish on the day of surgery.
- If you have an illness such as a fever, cold, sore throat, stomachache or upset bowels, please notify the office ASAP.
- If you take routine oral medications, please check with us prior to your surgical date for instructions on taking these medications.
- **Please call the office at 720-870-1451 if you have any questions.**