



EXTREME HEAT POLICY

The Ilderton & District Soccer Club has adopted the Extreme Heat Policy to guide coaches and officials in determining safe environmental conditions for training and games.

In the event that coaches and/or officials decide to cancel or postpone scheduled games due to extreme heat, the following steps must be taken:

1. Confirm that the coaches/management of the opposing team are aware of the extreme weather conditions and agree to the decision to reschedule
2. Inform a Club official (i.e., President or League Coordinator) of the decision
3. The designated IDSC representative will share field closure and game cancellation decisions with the appropriate league official (i.e., EMDSL Vice President)
4. Communicate the decision to impacted players, referees, and others
5. Collaborate with opponents to reschedule games for a date, time, and location that is acceptable to both parties and follow appropriate game reschedule request procedures

The chart below has been created based on available reference documents from similar organizations such as district, regional, provincial, and national sport agencies. IDSC coaches, officials, and representatives will use this to guide decision making in the event of extreme heat conditions during the outdoor playing season.

Alert Level	Air Temperature Range	Recommended Action
Green	< 30 °C	Normal play
Yellow	31 °C - 35 °C	Mandatory 2-minute water breaks per half
Orange	36 °C – 39 °C	Referee / Coach decision <ul style="list-style-type: none"> - shortened game/training time - additional water breaks - reduced/limited conditioning - cancel/reschedule play
Red	> 40 °C	Automatic cancellation