



RSC Adult Coed Winter Program
-Rules of the Game-

This Program welcomes players of all experience levels who want to stay active in the winter and enjoy the camaraderie of the beautiful game.

Important: All players must be registered with the Club. Please be prepared to show photo ID if requested by Match Officials or Club reps.

Ball Size: Size FIVE (5).

Retreat Line: No.

Kick-ins/Dribble-ins: Yes.

Min # of players on field: Three (3); including one (1) female.

Max # of players on field: Five (5); including one (1) female.

Game Duration: 2 x 25-minute halves.

Halftime: Up to five (5) minutes.

Free Kicks: All free kicks are indirect, unless a foul is committed in the penalty area which results in a penalty shot.

Restarts:

Free Kicks: Indirect

Kick-ins/Dribble-ins: Indirect

Dropped Ball: Indirect

Kick-off: Direct

Corner Kick: Direct

Goal Kick: Direct

Distance from ball on restarts: Five (5) meters.

Yellow Cards: Player is sent off and team must play short for two (2) minutes OR until the opponent scores.

Red Cards: Player is sent off for remainder of game; team must play short for five (5) minutes, regardless if opponent scores.

Substitution: Outfield players can sub 'on-the-fly', where as goalkeepers can only sub at the discretion of the referee.

Offsides: None.

Slide Tackling- Outfield Players: Slide Tackling is NOT permitted.

Slide Tackling- Keepers: Keepers are permitted to perform slide tackles in their own penalty area (as per FIFA rules). Once they leave their area they are considered an outfield player, and the 'Outfield Player' rules outlined above will apply.

The Russell Soccer Club expects and mandates that all participants and spectators abide by the RSC Code of Conduct, and the Twp. of Russell Sports Dome Policies.

All reports of misconduct will be reviewed and may result in immediate removal of an individual and/or team without refund. RSC reserves the right to remove any individual and/or team from the program at any time.