



# **BCRC Family Worship Guide**

**March 1, 2026**

# Preparing for Morning Worship

This Sunday morning, Rev. Doug Aldrink will preach from the Book of Judges. Take some time to read and think about this text as we approach the preaching of God's Word.

## Judges 16:4-17 (English Standard Version)

<sup>4</sup> After this he loved a woman in the Valley of Sorek, whose name was Delilah. <sup>5</sup> And the lords of the Philistines came up to her and said to her, "Seduce him, and see where his great strength lies, and by what means we may overpower him, that we may bind him to humble him. And we will each give you 1,100 pieces of silver." <sup>6</sup> So Delilah said to Samson, "Please tell me where your great strength lies, and how you might be bound, that one could subdue you."

<sup>7</sup> Samson said to her, "If they bind me with seven fresh bowstrings that have not been dried, then I shall become weak and be like any other man." <sup>8</sup> Then the lords of the Philistines brought up to her seven fresh bowstrings that had not been dried, and she bound him with them. <sup>9</sup> Now she had men lying in ambush in an inner chamber. And she said to him, "The Philistines are upon you, Samson!" But he snapped the bowstrings, as a thread of flax snaps when it touches the fire. So the secret of his strength was not known.

<sup>10</sup> Then Delilah said to Samson, "Behold, you have mocked me and told me lies. Please tell me how you might be bound." <sup>11</sup> And he said to her, "If they bind me with new ropes that have not been used, then I shall become weak and be like any other man." <sup>12</sup> So Delilah took new ropes and bound him with them and said to him, "The Philistines are upon you, Samson!" And the men lying in ambush were in an inner chamber. But he snapped the ropes off his arms like a thread.

<sup>13</sup> Then Delilah said to Samson, "Until now you have mocked me and told me lies. Tell me how you might be bound." And he said to her, "If you weave the seven locks of my head with the web and fasten it tight with the pin, then I shall become weak and be like any other



# Preparing for Morning Worship

This Sunday morning, Rev. Doug Aldrink will preach from the Book of Judges. Take some time to read and think about this text as we approach the preaching of God's Word.

## Judges 16:4-17 (English Standard Version)

man.” <sup>14</sup> So while he slept, Delilah took the seven locks of his head and wove them into the web. And she made them tight with the pin and said to him, “The Philistines are upon you, Samson!” But he awoke from his sleep and pulled away the pin, the loom, and the web.

<sup>15</sup> And she said to him, “How can you say, ‘I love you,’ when your heart is not with me? You have mocked me these three times, and you have not told me where your great strength lies.” <sup>16</sup> And when she pressed him hard with her words day after day, and urged him, his soul was vexed to death. <sup>17</sup> And he told her all his heart, and said to her, “A razor has never come upon my head, for I have been a Nazarite to God from my mother's womb. If my head is shaved, then my strength will leave me, and I shall become weak and be like any other man.”



# Songs, Hymns and Spiritual Songs

*...Address one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord*

*Jesus Christ, submitting to one another out of reverence for Christ.*

*Ephesians 5:19-21*

**O For a Thousand Tongues to Sing**

**To God be the Glory**

**Amazing Grace**

**Be Thou My Vision**



## Approaching Worship

Before coming to God's house to hear His Word, prepare yourself and your family with prayer. The Puritans said we should dress our bodies for worship and our souls with prayer.

Pray for:

- *The conversion of sinners*
- *The edification of saints*
- *The glorification of God's triune name*
- *Listening ears and understanding hearts*
- *An outpouring of the Spirit's conviction, quickening, humbling, and comforting power to work through God's ordinances (Preaching, prayer, sacraments) in the fulfillment of His promises.*

-from "The Family at Church" by Joel R. Beeke

# Liturgy Focus

Prelude

Call to Worship

Gathering Hymn

God's Greeting

Song of Adoration

## Call to Confession

Prayer of Confession

Assurance of Pardon

Song of Assurance

Pastoral Prayer

Offering

Children's Blessing

Sermon

The Lord's Supper

Song of Response

Parting Words

Doxology

Postlude



Being in God's presence is a terrifying event! That is typically not something we advertise on our sign out front to describe our worship. However, this is true nonetheless. Moses asked to see God's glory, and he was only allowed to see the back of God in the protection of the cleft of the rock. Isaiah's response to God's presence was, "Woe is me." When was the last time you said these words when you came to worship? Yet, this is exactly what we are called to do in the Confession element of our worship service. In our Reformed tradition it is customary to read the Law during the service.

The law functions in two ways. First, it serves as a Call to Confession. Jonathan Cruse says it this way— "The law discovers and uncovers the sinful pollutions of our nature, heart and lives." Second, the law functions to show us how to live. Cruse says, "It's God's rulebook for life. It's a big rulebook too. The law is not merely the Ten Commandments, although that is a comprehensive summary of it. The law is really anything and everything in Scripture that commands."

The law can come before the confession as the Call to Confession or after the assurance of pardon as our response to live lives of gratitude. So even though you might not hear the 10 Commandments read each week as a specific element, you are hearing the law in one of these contexts mentioned above.

# HEIDELBERG

## CATECHISM

# WEEKLY

## Lord's Day 8

### Q&A 24

**Q. How are these articles divided?**

A. Into three parts:

God the Father and our creation;

God the Son and our deliverance;

God the Holy Spirit and our sanctification.

### Q&A 25

**Q. Since there is but one God,<sup>1</sup>**

**why do you speak of three:**

**Father, Son, and Holy Spirit?**

A. Because that is how God has revealed himself in his Word:<sup>2</sup>

these three distinct persons are one, true, eternal God.

<sup>1</sup> Deut. 6:4; 1 Cor. 8:4, 6

<sup>2</sup> Matt. 3:16-17; 28:18-19; Luke 4:18 (Isa. 61:1); John 14:26; 15:26; 2 Cor. 13:14; Gal. 4:6; Tit. 3:5-6