



NEW HOPE NEWS

Volume 4 Issue 12

December Spirit Week

December 15th – Wear Red Day!

December 16th – Wear Green Day!

*December 17th – Show off your
Christmas Socks!*

December 18th – NHI Day!

*December 19th – Wear your Christmas
PJ's!*

December Safety Tip – Winter and Holiday Safety



Preventing fires:

Ensure holiday lights are in good condition, never use worn or broken cords, and turn them off when you leave the house or go to sleep. Keep natural Christmas trees watered daily and maintain at least a 3-foot distance from heat sources. Use flameless candles as a safer alternative.

- **Preventing carbon monoxide poisoning:**

Have carbon monoxide detectors installed and ensure heaters are used safely with proper ventilation and placed at least 3 feet from any flammable materials.

- **Winterize your home:**

Keep your driveway and sidewalks clear of snow and ice, and sprinkle salt or a pet-safe ice melt on icy patches to prevent slips.

- **Protect yourself from the cold:**

Wear layers of warm, loose-fitting clothing, and keep extremities like hands, feet, and ears covered. Limit time outdoors and take frequent breaks to warm up.

- **Be aware of cold-related illnesses:**

Know the signs of hypothermia and frostbite and seek medical attention if needed.

Driving and travel safety

- **Prepare your vehicle:** Get a winter-ready vehicle inspection and keep an emergency kit in your car with blankets, a flashlight, and jumper cables.

- **Drive cautiously:** Check weather and road conditions before heading out. Reduce speed, increase your following distance, and avoid sudden stops or sharp turns.
- **If stuck:** Stay inside your vehicle and wait for help.

Personal and shopping safety

- **Stay aware:**
Be mindful of your surroundings, especially in crowded places like malls or shopping centers.
- **Protect valuables:**
Don't leave presents visible in your car or home and be cautious when carrying cash or new electronics.
- **Shop with a friend:**
Go shopping with a friend or group, if possible.
- **Secure your home:**
Lock all doors and windows and avoid displaying new valuables where they can be seen from outside.

Mental health and well-being

- **Manage stress:**
The holidays can be stressful; take steps to manage stress, sadness, and loneliness, and pay attention to your feelings.



Happy Birthday to...

Joe Blanchard – December 2nd

Matt H. – December 4th

Pat B. – December 12th

Paul N. – December 12th

Sammy K. – December 18th

Reanna Lawson – December 19th

Cristina Shaver – December 23rd

INDIVIDUAL SPOTLIGHT

This year we were fortunate enough to give back to the community in a couple of different ways. We had 19 different individuals volunteer to participate in the Salvation Army's Red Kettle Campaign this year. We were able to ring at Wal-Mart and at Baker's IGA.



We also have been gathering food items for Knox County's Annual Food for the Hungry Campaign. We started collecting in September during our Fall Fun Day Celebration. Our tables are getting full. Check back with us in January to see how much we were able to collect!



We would also like to say a big THANK YOU to Sandy Martin for making homemade pumpkin pies for us again this year! Everyone always looks forward to it!

WE ARE HIRING!!

We are hiring! If you are looking for a rewarding career in a family friendly work environment, please consider joining our team! **NHI is looking for a part-time employee for HPC Services and for Community Employment Services and a full time employee for Adult Day Services.** Full time employment includes a generous benefit package (paid health insurance, paid life insurance, paid vacation, paid sick leave, 10 paid holidays a year, optional dental insurance, and excellent hours). If you are interested in joining our team or finding out more about the positions mentioned above, you may apply in person at 12200 Upper Fredericktown Road, call (740) 397-4601 or apply on our website, www.newhopeind.com.



JOKE OF THE MONTH

What do you call a reindeer ghost?



Cari-boo!

Contact Us

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A MESSAGE FROM OUR CEO

As the end of the year draws near, I want to thank everyone for their support and partnership. The collective efforts of all, are what makes NHI successful. The dedication of our team and their belief in our mission is essential in carrying out our vision and continuing our journey into 2026.

Integrity, trust, and collaboration are the foundations of our services. I am excited about the opportunities ahead and am confident that our foundation and commitment will provide even greater successes.

Wishing everyone a very Merry Christmas!

