Robert G. Josephberg, M.D., FASRS

Medical and Surgical Diseases
of the Retina and Vitreous
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Primary Correspondence

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Westchester Ophthalmology
40 Saw Mill River Road, FB2
Hawthorne, NY 10532
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EDUCATION

Primary and Secondary
Roosevelt High School
Yonkers, New York
September 1964 – June 1968

College (B.S.)
University of Wisconsin
Madison, Wisconsin
September 1968 – June 1972

Medical School (M.D.)
Albany Medical College
Albany, New York
September 1972 – June 1976

POSTDOCTORAL TRAINING

Internship (General Medicine)
Memorial Hospital
Worchester, Massachusetts
July 1976 – June 1977

Residency (Ophthalmology)
College of Medicine and Dentistry
Newark Eye and Ear Infirmary
Newark, New Jersey
July 1977 – June 1980

Training (Basic Science)
Wills Eye Hospital - July 1977

Columbia University – September, October 1977.

Fellowship (Retina & Vitreous)
Alice M. McPherson, M.D.
Baylor College of Medicine
Houston, Texas
July 1980 – January 1982

Clerkship
Walter Reed Army Hospital
Washington, District of Columbia
June 1974 - August 1974

LICENSURE

New Jersey	MA 33921	Expiration Date: June 30, 2025
New York	134320	Expiration Date: September 30, 2026
Florida	ME 0050751	Expiration Date: January 31, 2026

NARCOTICS CERTIFICATION

New Jersey CDS	D2336	Expiration Date: October 31, 2025
New Jersey DEA	FJ1864506	Expiration Date: December 31, 2027
New York DEA	AJ8085537	Expiration Date: December 31, 2027

CERTIFICATION
American Board of Ophthalmology – May 1981
American Society of Retina Specialists – Fellow (FASRS) - 2020

UNIVERSITY APPOINTMENTS
New York Medical College – Clinical Associate Professor – Valhalla, NY – 1986 to present.
University Hospital– Assistant Clinical Professor – Newark, NJ – 1982 to present
Chief of Retina and Vitreous – Westchester Medical Center – Valhalla, NY – 1997 to 2021.
Chief of Medical Retina and Uveitis – Westchester Medical Center – Valhalla, NY – 2021 to present.

HOSPITAL APPOINTMENTS
University Hospital, Newark, NJ– Associate Attending – 1982 to present.
Centrastate Medical Center, Freehold, NJ– Associate Attending -1982 to 2019
Westchester Medical Center, Valhalla, NY– Associate Attending –1986 to present.
St. Joseph's Hospital, Yonkers, NY– Associate Attending – 1987 to present.
St. John's Hospital, Yonkers, NY– Associate Attending – 1988 to present.
St. Agnes Hospital, White Plains, NY– Associate Attending – 1990 to 2000.
Dobbs Ferry Hospital, Dobbs Ferry, NY – Consultant – 2003 to present.

OTHER PROFESSIONAL POSITIONS AND MAJOR VISITING APPOINTMENT
Education Commitee – Jewish Home for the Blind – Visiting professor – June 1991 to 1997.
Project Orbis (Teachers Ophthalmology Around the World) Visiting professor – 1982 Columbia, 1982 Peru, 1984 Jamaica, and 1986 Costa Rica.

BOARDS OF DIRECTORS / TRUSTEES

Board of Directors – American Diabetes Association – 1985 to 1995
Board of Directors – Jewish Guild – 1991 to 1997

MEMBERSHIPS AND COMMITTEE ASSIGNMENT IN PROFESSIONAL SOCIETIES

New Jersey Retina Society – 1982 to 2010
American Society of Retina Specialist – 1985 to present
Aspen Retina Detachment Society – 1982 to present
Board of Directors – American Diabetes Association – 1989 to 1997
Florida Medical Association – 1987 to present
University of Wisconsin Alumni Association – 1972 to present
Atlantic Coast Fluorescein Club – 1985 to present
Baylor College Alumni Association – 1982 to present
Albany Medical College Alumni Association – 1976 to present
New Jersey Ophthalmology Residency Alumni – 1980 to present
Wills Eye Hospital Fluorescein Club – 1982 to 2000
New York State Medical Society – 1987 to present
Westchester County Medical Society – 1987 to present
Phi Eta Sigma – 1972 to present
Phi Kappa Phi – 1972 to present
New Jersey Academy of Ophthalmology – 1982 to 2016
American Academy of Ophthalmology – 1981 to present
American Medical Association – 1980 to present
New York State Ophthalmology Society – 1985 to present
Westchester Ophthalmology Society – 1985 to present

MAJOR TEACHING EXPERIENCE

New York Medical College – 1986 to present
Robert Wood Johnson Medical School. New Brunswick, NJ – 1982 to 2014
University of Medicine and Dentistry of New Jersey/ University Hospital. Newark, NJ - 1982 to present

PRINCIPAL CLINICAL AND HOSPITAL SERVICE RESPONSIBILITIES

Chief – Retina Clinic. Westchester Medical Center, Valhalla, NY – 1985 to present
Bi-monthly Clinical Instructor of Ophthalmology, Eye Institute of New Jersey – 1982 to 1990.
Daily Instructor of Ophthalmology residents in Retina of New York Medical College – 1985 to present.
Chief of Retina – Westchester Medical Center – Valhalla, NY – 1997 to 2021.
Chief of Medical Retina and Uveitis – Westchester Medical Center – Valhalla, NY – 2021 to present.

PRIVATE PRACTICE

984 North Broadway
Yonkers, New York 10701
1988 to present

Westchester Ophthalmology
40 Saw Mill River Road
Hawthorne, New York 10532

2016 to present

PUBLICATIONS

Beketova T R, Snyder K, Jiang A, Josephberg R G. (February 26, 2023) *Acute Posterior Multifocal Placoid Pigment Epitheliopathy with Associated Papillitis.* Cureus 15(2): e35499. doi:10.7759/cureus.35499

Josephberg, R.G., Hussain, A., *Vitreous Biopsy for Endophthalmitis, Uveitis, or Cytology.* Operative Techniques in Vitreoretinal Surgery. Abdhish R. Bassar. 2022. Pages 104-112 (Book Chapter)

Sendek J.K., Goyal A, Josephberg R.G., *Nitroglycerin as a Treatment Modality for Recurrent Isolated Paracentral Acute Middle Maculopathy: A Case Report.* Cureus. December 2021; 13(12): e20447

Mahdavi P, Bielory B, Josephberg R.G., *Hyperbaric Therapy for Central Retinal Artery Occlusion: Is It Really Worth It? A Cost Benefit Analysis.* Investigative Ophthalmology & Visual Science 58.8 (2017): 3647

Nattis A, Josephberg R.G., *Update on the Diagnosis and Treatment of CSC.* Retinal Physician. October 2015 Vol 12: 18-21

Nattis A, Mahdavi P, Josephberg R.G., *A Case of a Migrating White Retinal Lesion.* EyeNet Magazine. October 2015

Nattis A, Mahdavi P, Josephberg R.G., *Rifampin as an Efficacious Therapy for Chronic CSC.* Retinal Physician. April 2015.

Nattis A, Josephberg R.G., *Rifampin Therapy for Central Serious Choroiretinopathy.* Investigative Ophthalmology & Visual Sciences. June 2015 Vol 57 (7)

Josephberg RG, Besser E. *A New Scleral Depressor.* Retina Today. May- June 2012. Page 79

Shukla S, Cohen A, Josephberg RG. *Nonfamilial vitreous amyloidosis diagnosed by portable sutureless vitrectomy.* Retinal Case Brief Rep 2008 Fall; 2(4):264-5

Josephberg RG. *Vitreous biopsy for endophthalmitis or cytology.* Bhavsar AR, Retina and vitreous surgery. 2008. pp. 189-99. Department(s): Ophthalmology (Book Chapter)

Koch F.H.J., Josephberg R.G., *Quadruple therapy for AMD significantly reduced retreatment rates at 14 months.* Retina Today, January 2008, Pages 108-114.

Camillo R, Josephberg R.G., Besser E. *Josephberg-Besser Scleral Depressor.* Retina; 2007; 27(7): 991-992

Josephberg R.G., *Management of acute endophthalmitis in office settings.* Expert Review of Ophthalmology. June 2007, Vol 2 (3): 343-345.

Josephberg R.G., *Endophthalmitis: the latest in current management.* Retina, July/August 2006, Vol 26 (6): S47-S50.

Josephberg, R.G., *Sutureless Vitrectomy Surgery.* Ophthalmology; 2003 Dec: 110 (12)

Hilton G.F., Josephberg R.G., Halperin L.S., Madreperla S.A., Brinton D.A., Lee S.S.

Gordon S.F. *Office Based sutureless transconjuctival pars plana vitrectomy.* Retina. 2002 Dec; 22(6): 725-3

Garelick J, Khodabakhsh A, Josephberg R.G. *Acute postoperative endophthalmitis caused by Actinomyces neuii.* American Journal of Ophthalmology; 2002; 133 (1):145-147. Department(s): Ophthalmology

Singh S, Josephberg RG, Zaidman GW. Office based diagnostic pars plana vitrectomy. Invest Ophthalmol Vis Sci. 1996; 37:402

Josephberg R.G., *Vitrectomy made easy.* Ophthalmology Times, January 15-21, 1996.

Josephberg R.G., *Vitrector may be useful in endophthalmitis regimen.* Ophthalmology Times, 1996

Josephberg R.G., Kanter E.D., Jaffe, R.M., Fluorescein *Angiographic study of patients with pars planitis and peripheral exudation before and after cryopexy.* Ophthalmology, 1994 July; 101(7): 1262-6

Pagan P.R., Oteiza E.E., et al., *Exogenous endophthalmitis initially treated without systemic antibiotics.* Ophthalmology, 1994, 101: 1289-1297.

Margolis T.P., Josephberg R.G., et al., *Varicella-zoster virus retinitis in patients with the Immunodeficiency syndrome.* Am J Ophthalmol, Aug 1991; 112 (2): 119-131.

Cangemi F.E., Friedman A.H., Josephberg R.G. *Tuberculoma of the Choroid.* Ophthalmology, 1980, 87: 252.

PRESENTATIONS

Josephberg R.G., Nattis A. Retinal Macroaneurysms. OCT Grand Rounds. WCMC-Dept. of Ophthalmology. 10/16/2023

Sendek J, Goyal A, Josephberg R.G., *Niacin as a Possible Preventative Drug for Blindness (Loss of Vision) in Patients with Vascular Dementia.* Alzheimer's 2022. Paris, France March 9-10 2022.

Mahdavi P, Josephberg R.G., et al. *Hyperbaric for Retinal Artery Occlusion: Is It Really Worth It? A Cost Benefit Analysis.* ARVO, Baltimore MD, 2017

Nattis A. Josephberg R.G., *Rifampin Therapy for Central Serious Chorioretinopathy.* ARVO. Denver CO, 2015.

Josephberg R.G., Husney D., LaFebre C., *PPD Negative QuantiFERON Negative Biopsy Proven Tuberculous Retinal Vasculitis.* ARVO. Fort Lauderdale- May 3, 2011

Josephberg R.G., Esposito D.M., *The Holy Grail Treatment for Intermediate Uveitis: What are the Options? Cryopexy, Steroids, Immunosuppressives, Immunomodulators, Lasers, Anti-Antiogenics, or Observations?* ARVO 2010

Josephberg R.G., Esposito D.M., *In-office and bedside sutureless vitrectomy for the diagnosis of uveitis.* ARVO, Fort Lauderdale- May 7, 2009.

Josephberg R.G., Nguyen T.L., Esposito D.M., *Medical-legal implications of rapid clearance of retinal hemorrhaging in shaken baby syndrome (SBS).* ARVO, Fort Lauderdale-May 5, 2009.

Issacs D.K., Josephberg R.G., *Multiple bilateral optic nerve pits with multiple colobomas and correlation with imaging using domain optical coherence tomography.* ARVO, Fort Lauderdale-May 5, 2009.

Luloh P.,Koss M.J., Koch F.H.J., Josephberg R.G., *A single stick 23 gauge portable injection/infusion and aspiration/vitreous cutting instrument – The "Intrector®".* ARVO, Fort Lauderdale-May 1, 2008.

Shukla S., Koss M.J., Koch F.H.J., Josephberg R.G., *Quadruple therapy and the suspected role of posterior vitreous detachment in the treatment of exudative Age-Related Macular Degeneration.* ARVO, Fort Lauderdale-April 27, 2008.

Josephberg R.G., Nguyen T.L., Esposito D.M., *Medical-legal implications of rapid clearance of retinal hemorrhaging in shaken baby syndrome (SBS).* ASRS, Maui –October 2008.

Koch F.H.J., Josephberg R.G., Shukla S.S., *More oxygen in the vitreous cavity?! Do we want it?* ASRS, Palm Springs-December 2, 2007.

Koch F.H.J., Josephberg R.G., *Quadruple therapy for AMD significantly reduced retreatment rates at 14 months.* ASRS 2007.

Josephberg, R.G., Ho, A.C., Recchia, F., *Post-Cataract Endophthalmitis: Early Recognition and Effective Management.* Conversations with Experts. AAO. 2007

Koch F.H.J, Augustin A.J., Josephberg R.G., et al. *Vitrectomy in Triple Therapy for Choroidal Neovascularization.* European VitreoRetinal Society 2006.

Josephberg R.G., Bodine S., *In-office and bedside sutureless vitrectomy for the diagnosis of uveitis.* European VitreoRetinal Society - Oct 2006

Shah A, Josephberg R.J., *Cryopexy in the Treatment of Pars Planitis.* ARVO 2000.

Josephberg, R.G., *Intravitreal Injection of Vancomycin in Endophthalmitis: Are the correct dosages being used?* Vitreous Society. Alaska- July 6, 1998

Josephberg R.G., Khodabakhsh A.J., *High doses of intravitreal vancomyacin are safe and efficacious in humans.* Vitreous Society, Alaska-July 1998.

Zaidman G, Josephberg R.G., *Office based vitreous biopsies in the diagnosis and treatment of non-evs eligible patients with endophthalmitis.* AAO, San Francisco -October 29, 1997.

Josephberg R.G., *A new one-step twenty-three-gauge portable battery-operated MVR Vitrectomy probe.* Vitreous Society, New Orleans- September 20, 1997.

Josephberg R.G., *Outpatient no stitch battery operated diagnostic pars plana vitrectomy.* Vitreous Society, Mexico- December 10, 1996.

Josephberg R.G., *Office based diagnostic pars plana vitrectomy.* Vitreous Society, London, England – August 14, 1995.

Josephberg R.G. *Pars Planitis – Treatment with Cryoplexy.* Presented at American Academy of Ophthalmology Meeting Dallas – November 12, 1992. Presented in person.

AWARDS

2023	LEO Lifelong Education	AAO	
2017	Retina Hall of Fame	Charter Inductee	Chicago., IL
2015	Doctors of Distinction	Excellence in Medical Research	Armonk, NY
2015	Resident Writer Award (Finalist)	Ophthalmology Program	
2009	Certificate of Excellence	Extraordinary Archivement	New York, NY
2008	Senior Honor Award	Based on contribution	Maui, HI

2007	Rhett Buckler Award	Best Movie "Losing Nemo"	Palms Springs, CA
2005	Humanitarian Award	Project Orbis	New York, NY
1999	Rhett Buckler Award	New instrumentation "Visitrec"	Rome, Italy
1998	Honor Award	Based on contributions	Alaska
1972	Rhodes Scholar Candidate	Undergrad – U Of Wisconsin	Madison, WI

COMMERCIAL DEVICES
Intrector ® 23 ga. Portable Vitrectomy and Infusion/Injection System
Josephberg-Besser Scleral Depressor ™
Josephberg Trocar Fixation Plate 3.50mm (ASICO and STORZ)

PATENTS
Pars plana vitrectomy tool
Patent # 5,716,363 02/10/1998 Commercially on the market

Sutureless pars plana vitrectomy tool
Patent # 5,989,262 11/23/1999 Commercially on the market

Sutureless ocular surgical methods and instruments for use in such methods
Patent # 7,077,848B1 07/18/2006 Commercially on the market

Scleral depressor
Patent # 8,235,893B2 08/07/2012 Commercially on the market

Magnifying Apparatus
Pending Application

SCIENTIFIC REVIEWER
Retinal Cases & Brief Reports
Retina, The Journal of Retinal and Vitreous Diseases
Indian Journal of Ophthalmology
Cureus (Editorial Board)
Ophthalmology Management
Journal of VitreoRetinal Diseases

SCIENTIFIC ADVISOR
EyeScience

TELEVISION APPEARANCE
Today Show -NBC – Lasers in Children (2011)
Link: http://today.msnbc.msn.com/id/26184891/vp/41640703#41640703

20/20 with Gerald Rivera, 1982 -Project Orbis