DATES TO NOTE:

Sunday Fellowship: 9:45 a.m.
Diversified Group, Fellowship Hall
New Beginners, Library
Children's Class: Trackers of Truth,
Upstairs Classrooms.

The New Beginnings': We have just started the book of Ephesians.. Come find out what gets discussed! And join in yourself! Class starts at 9:45 a.m.

Tuesday-Friday, 9 a.m.-12 noon, Walking space open in the Family Life Center.

Sundays at 9:45 a.m., Sunday School: We are currently discussing Rick Warren's book **"The Purpose Driven Church"**. You are invited to join us each Sunday. We'd love to have you.

May 9th at 10 a.m. United Women of Faith will meet in the Fellowship Hall. Laura Hobbs is in charge of devotion and refreshments. Patricia Cass will have the May Program. Program topic will be "Dreams of More" Carol will collect the call to prayer and self denial money. Come find out what we are dreaming more of!!!!See a U.W.F. Member.

Alpha will meet each Wednesday at 5:30 p.m. in the F.L.C. Bible Study following in the Fellowship Hall.

Fifth Sunday Lunch May 31st Immediately after service.

Church Council Meeting May. 31st at 5:30 p.m. in the Library.

Algood Reflections

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Ph: 931-537-6111
Rev. Tommy Flood, Pastor

May, 2026

"Pastor's Ponderings"

By: Pastor Tommy

Good Day Children of God.

As I write to you today I ponder upon how many of you good folks woke up this morning with hearts that may be joyful. Hearts that are weary or perhaps somewhere in between. Life's journey, as we all know, is not a straight path paved with only happiness and success. There are valleys of sorrow, moments of doubt, and seasons of feeling not okay. Yet, we live in a society which relates *not being okay* as something to be shunned. However, I want to encourage you with the profound truth that ***"It's Okay Not to be Okay."*** And for people of faith we have a Heavenly source to help us when we are not *Okay.*

In the Gospel of Matthew, Jesus says; "Come to me, all you who are weary and burdened, and I will give you rest."- Matthew 11:28 (NIV) He does not say, "Come to me only when you are strong," but welcomes us in our weakness. Our Lord Jesus did not walk past the hurting; He stopped, listened, and healed. When Lazarus died, Jesus wept with Mary and Martha, sharing in their grief. (John 11:35). He, too, knew what it was to suffer, to feel anguish, and to cry out, such as when He was hanging on the cross and cried out; "My God, My God, why have you forsaken me?" (Matthew 27:46) If our Savior experienced times in which He was NOT okay then it only stands to reason that we too are going to experience times when we are not okay, therefore, *"It's Okay Not to be Okay!"*

We need pretend to be okay but within our pretending we are afraid to admit our pain, confusion, and brokenness. Rather than pretending, be honest with God, with yourself, and with those you love and trust. The Apostle Paul writes, "Carry each other's burdens, and in this way you will fulfill the law of Christ." (Galatians 6:2) Church is not a community of perfect people It is a fellowship of the broken, a place where we can confess, "I am not okay," and find support, prayer, and the healing presence of Christ. Yet even when you feel as if you cannot pray, even when happiness and joy elude you, remember, God is near to the brokenhearted (Psalm 34:18). You're not being okay is not the end of your story; God is writing something beautiful, even from the ashes.

I encourage you today; Give yourself permission to rest, take time to grieve, allow yourself to be human, and make space for honesty and healing. Remember: You are loved. You are not alone. And ***"It's okay not to be okay!"***

Grace and Peace,
Pastor Tommy Flood

May 2026 Event Calendar

Tuesday's Prayer Group meet each Tuesday at 10 a.m. in the Library.

United Women of Faith Happenings:

Please come join our group on the second Saturday of each month as we fellowship together, learn of God's work with women and children around the world, discuss different books we read and pray together. Our May meeting will be on Saturday May 9th at 10:00 a.m. in the fellowship hall. Patricia will be hostess; Carol will have the program on Prayer and Self Denial. Our program path for this year is uplifting others we meet along the road we travel. It explores how our life affects others and how they affect our life. We serve through our prayers our education, our fellowship, our extended family in community, state, nation and world.

Blessing Box Please place items in the donation box in Fellowship Hall.

MAY ANNIVERSARIES

*11th-Rolen & Margie Waggoner, *15th- Charlie & Myla Matson, *22nd-David & Jennifer Shelton, *27th-Mark & Janet Marshall

MAY BIRTHDAY'S

*5th-Roger Williams, *9th- Myla Matson, *13th-Grace Dixon, *14th- Jon Freedle, *16th-Laura Hobbs, *18th-Tommy Flood, *19th-Kathy McGonigal, *20th-Ed Black, *31st- John Kegarise

RECYCLING ALUMINUM

The can cart beside the FLC makes recycling aluminum cans a simple task, and generates funds for AUMC. NOTE: The recycler does not accept any aluminum other than beverage cans. Please do not recycle aluminum foil, pet food cans, baking dishes, etc. in our collection cart.

HELEN'S CORNER by Helen Metz

It is that time of year when I am tired of winter. The barren trees, the frozen ground. I look for the promise of spring. For the renewal not only the earth around me but in my soul. That is what the resurrection story does for me. I look forward to the sprouting of all things new and fresh. Just as spring brings forth new shoots of growth, our souls long for new paths to venture. We stop to consider the ground around us, both environmentally and mentally. What makes our souls soar to new heights, to discover new depths within our souls? Why don't we explore spring together in new ways of doing, of new depths our souls can go, of new adventures only God can provide as we trust in Him and His eternal word. My prayer for us all is to find a more meaningful walk in His light. To gain more in faith and in His promises for all of us. Consider the garden path of your life and what seeds He is planting for you, through you, beside you as you grow the seeds He has planted in you.

THE GARDEN PATH

I love planting seeds and watch them grow into vegetables and flowers. I have all kinds and sizes. I have small moss rose and large floribunda roses. I have tomatoes and peppers. I have to make sure they get both sunshine and rain. Also temperature matters. It can't get too cold for them or they are no longer pretty and nice.

So it is with my prayer life. If I leave it alone, it can dry up and cease to be pretty or useful. If I don't carefully hoe around it, it could be covered in weeds and unwanted plants. So it is with our prayer life. If we don't feed it or water it the world will soon crush it out. If we only pay attention to it once in awhile then it's growth slows down and we wonder what happened to our plants.

Please come join us in prayer on Tuesday mornings at ten o'clock. You might be surprised at the flowers you grow!

UNITED WOMEN IN FAITH

This year we have started something new. We are emphasizing missions in a whole new way. To encourage ourselves to donate more we have started a challenge. It is a calendar of fun things to do just for missions. Each day we are given something to either be thankful or something we are given something we "owe". Please check the information table in the fellowship hall to see what we have come up with for the month of March and help us save for missions. One example is: pay three cents if you wore something white today or pay two cents for every rug in your house. We will collect all funds for mission in October.

APRIL FINANCIAL REPORT

March Beginning Balance: $43,503.80
Restricted Income: $108.00
Endowments: $410.77
Income: $ 10,571.31 Expenses: $ 11,949.45
Monthly Overspend: $ 1,378.14
YTD Overspend $ 4,144.20

APRIL ATTENDANCE

Average in Person Worship: 34 , Online: 7 Sunday's Fellowship: 16

Algood United Methodist Church
-"A Small Church with a Big Heart"
135 West Main Street ~ Algood, Tn. 38506
Email: algoodumc@gmail.com
Sunday: Classes 9:45 a.m. Worship: 11 a.m.