

BRIGHTON SOCCER CLUB
BASIC Information and RULES for Coaches and Referees

Under 8 (U8)

NOTE: Practices will start @ 6:30pm and run until 6:50pm. All games START @ 6:55pm. Except in the event of rain, when games will begin @ 6:30pm with the consensus of both teams' coaches' and the Referee.

Referees are to be on the field 10 minutes early (6:45pm) to check for obstacles such as empty beverage containers, candy wrappers, etc.

- Play will be 4 v 4 plus goalie. 2 x 20 minute halves – change ends at half-time
- Minimum 4 players to start
- Half-time break is 5 minutes at the discretion of the referee. In extreme heat, additional water breaks will be given. When the humidex value is greater than 35, referees will allow at least 2 water breaks during the half. At a humidex value of 40 or greater, game will be cancelled by a club official, NOT the coaches
- Shin pads **MUST** be worn under socks by each player. Soccer cleats are encouraged, but not mandatory. If soccer cleats are worn, they must have plastic studs. **NO jewellery is allowed during games.** The only **exception to this are medic alert bracelets or necklaces and these must be secured** so as not to pose any danger. Referees will check each player prior to the game to ensure compliance. Sports hijabs/headscarves are allowed.
- **NO** off-sides
- Direct and indirect kicks allowed
- **NO** Heading the ball – any intentional head ball will be blown down and an indirect kick will be given to the opposing team
- Kick-ins (**NO** throw-ins) are indirect and occur when the ball has been kicked out of play along the sidelines. Opposing players must allow for a 3m distance from the ball.
- Coach on the field for the first 3 games only, helping to coach players provided that there is no physical contact made
- Substitutes at any stop in play at referee's discretion (not within 1-2 minutes of half ending)
- Retreat Line – on a goal kick or when the ball is in the goalie's hand, players on the opposing team must move to their half of the field until the ball is kicked and received by a 2nd player or the ball crosses the retreat line. Goal kicks may be taken by the goalie or any player on the field, at the coach's discretion
- Maximum 2 goals per player per game. If this limit is exceeded, the goal is not counted and the non-offending team receives a goal kick. Referee is to inform the coach when a player reaches the limit.

- Coaches **CANNOT** cancel a game or re-schedule their own game. They must appear at the game. The referee is the only person who may call the game.
- **Upon completion of the game**, the referee will take game info & score (to be recorded during game by ref), have it initialled by coaches and then enter in to PowerUp